**Nappy Change Procedure**

**Preparation**:

* Check to make sure the supplies you need are ready - fresh nappies - wet wipes or damp paper towels - disposable gloves - disposable paper towel - clean clothing (if required) - plastic bags
* Educators will take turns throughout the day changing nappies to prevent the risk of injury or strain from to many nappy changes throughout the day.
* Ensure nappy change area is clean and safe
* Wash hands using appropriate technique

**Changing:**

* Have child walk to the change area if possible
* Position child on the change mat
* Place paper towel under the child
* Put on disposable gloves – on both hands
* Remove any soiled clothes and place them in a plastic bag.
* Remove nappy and place it in a separate plastic bag. Ensure you keep one hand on the child at all times.
* Clean child’s bottom wiping from front to back with wet wipes/wet towel and dispose in nappy bin
* Remove the paper or disposable towel from beneath the child and dispose in nappy bin
* Remove gloves by peeling them back from the wrists. Do not let your skin touch the outer contaminated surface of the glove and dispose
* Put clean nappy and clothes on the child
* Remove the child from the change mat
* Wash the child’s hands using wet wipes. If a child can reach the sink, take them to the bathroom and assist them to wash their hands and your hands.

**Cleaning:**

* Clean the nappy change area using Supa Quat disinfectant spray and paper towel. Dry thoroughly.
* Place all used paper towel in the bin
* Wash and dry hands using the correct hand washing techniques
* At no stage should any child be left unattended on the nappy change bench
* Soiled nappies must be placed in a plastic bag then placed in the nappy bin which is located next to the nappy change area.
* The nappy bin will be treated as contaminated waste and disposed of daily
* Pregnant educators are to take particular precautions not to have contact with urine because of the risk of exposure to cytomegalovirus (CMV)
* Nappy changing should be a pleasant time for a child. Always interact with a child while changing their nappy

Reviewed 18.05.22 May by Haidee Cheesewright Educator Next Review: May 2023